



# ANNUNCIATION HEIGHTS

**Please be advised that group leaders and/or group medical staff are primarily responsible for attending to the minor medical needs/injuries of their attendees.**

## **Suggested Medical Supplies List:**

Adhesive tape/Sports tape  
Elastic wrap bandages  
Bandage strips and "butterfly" bandages in assorted sizes (Band-aids)  
Nonstick sterile bandages and roller gauze in assorted sizes  
Eye shield or pad  
Large triangular bandage (may be used as a sling)  
Aluminum finger splint  
Instant cold packs  
Cotton balls and cotton-tipped swabs  
Disposable nonlatex examination gloves, several pairs  
Petroleum jelly or other lubricant  
Scissors and tweezers  
Hand sanitizer  
Antibiotic ointment  
Antiseptic solution and towelettes  
Thermometer  
Breathing barrier (surgical mask)  
Hydrogen peroxide to disinfect

## **Medications**

Aloe vera gel  
Calamine lotion  
Anti-diarrhea medication (immodium)  
Laxative  
Antacids (Tums)  
Benadryl  
Hydrocortisone cream  
Cough and cold medications  
Personal medications (arranged with individual in advance)  
Pain relievers, such as acetaminophen (Tylenol), ibuprofen (Advil, Motrin IB, others)  
Aspirin

## **Additional items**

Feminine Hygiene Products  
Sunscreen  
Insect repellent